Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Herreman Kurt

Coaches: Bouckaert Stefan HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:1, starttime: 14:00

Heat: 1/14 Lane : 4 Athlete: DEFEVER AUWKE — **Q-time: 01:23:72**

PB (25m pool): 01:25.03 Eeklo 21/09/2025 **PB (50m pool):** 01:23.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.74		01:25.03	
		00:40.74		*00:44.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:3, starttime: 14:05

Heat: 3/14 Lane : 5 Athlete: BOURDEAUX ALISSA — **Q-time: 01:16:56**

PB (25m pool): 01:17.77 Eeklo 21/09/2025 **PB (50m pool):** 01:16.56 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.36		01:17.77	
		00:37.36		*00:40.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:7, starttime: 14:10

Heat: 7/14 Lane : 3 Athlete: TUYTENS AGLAYA — **Q-time: 01:09:83**

PB (25m pool): 01:09.83 Brugge 04/10/2026 **PB (50m pool):** 01:10.10 **SB:** 01:09.83 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.10		01:09.83	
		00:34.10		*00:35.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:8, starttime: 14:15

Heat: 8/14 Lane : 2 Athlete: BOLLAERT AMéLIE — **Q-time: 01:08:78**

PB (25m pool): 01:08.78 Brugge 04/10/2026 **PB (50m pool):** 01:11.23 **SB:** 01:08.78 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.04		01:08.78	
		00:33.04		*00:35.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:1, starttime: 14:25

Heat: 1/10 Lane : 1 Athlete: CLAEYS JONA — **Q-time: 03:17:31**

PB (25m pool): 03:17.31 Menen 01/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.61		no time		no time		03:17.31
		00:44.61						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:1, starttime: 14:25

Heat: 1/10 Lane : 3 Athlete: DESMET TUUR — **Q-time: 03:11:27**

PB (25m pool): 03:11.27 Meulebeke 24/10/2026 **PB (50m pool):** no time **SB:** 03:11.27 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:41.37		no time		no time		03:11.27
		00:41.37						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:4, starttime: 14:35

Heat: 4/10 Lane : 1 Athlete: MAES JASPER — **Q-time: 02:51:68**

PB (25m pool): 02:51.68 Menen 01/05/2026 **PB (50m pool):** 03:09.95 **SB:** 02:58.15 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:39.99		no time		no time		02:51.68
		00:39.99						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Event number: 33: 200M MEDLEY MEN 13+ — Heat:4, starttime: 14:35

Heat: 4/10 Lane : 6 Athlete: BOUCKAERT LARS — **Q-time: 02:51:00**

PB (25m pool): 02:51.00 Brugge 04/10/2026 — **PB (50m pool):** 02:58.82 **SB:** 02:51.00 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:40.53		01:23.12		02:15.16		02:51.00
		00:40.53		*00:42.59*		*00:52.04*		*00:35.84*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:4, starttime: 14:35

Heat: 4/10 Lane : 7 Athlete: WILLEMS KORBEN — **Q-time: 02:51:37**

PB (25m pool): 02:51.37 Meulebeke 24/10/2026 — **PB (50m pool):** 03:04.30 **SB:** 02:51.37 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.19		no time		no time		02:51.37
		00:35.19						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:5, starttime: 14:40

Heat: 5/10 Lane : 4 Athlete: LANDUYT MARCEL — **Q-time: 02:46:08**

PB (25m pool): 02:46.08 Meulebeke 24/10/2026 — **PB (50m pool):** 02:58.38 **SB:** 02:46.08 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.87		no time		no time		02:46.08
		00:36.87						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:7, starttime: 14:45

Heat: 7/10 Lane : 1 Athlete: STRYNCKX DAAN — **Q-time: 02:43:45**

PB (25m pool): 02:43.45 Meulebeke 24/10/2026 — **PB (50m pool):** 02:50.09 **SB:** 02:43.45 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.21		no time		no time		02:43.45
		00:33.21						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Event number: 33: 200M MEDLEY MEN 13+ — Heat:10, starttime: 14:55

Heat: 10/10 Lane : 2 Athlete: LANDUYT MAURICE — **Q-time: 02:26:63**

PB (25m pool): 02:26.63 Meulebeke 24/10/2026 **PB (50m pool):** 02:31.09 **SB:** 02:26.63 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.70		no time		no time		02:26.63
		00:31.70						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:10, starttime: 14:55

Heat: 10/10 Lane : 5 Athlete: GALLE LAURIS — **Q-time: 02:21:59**

PB (25m pool): 02:21.59 Meulebeke 24/10/2026 **PB (50m pool):** 02:31.70 **SB:** 02:21.59 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.60		no time		no time		02:21.59
		00:30.60						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:4, starttime: 15:05

Heat: 4/11 Lane : 6 Athlete: BEKAERT LAURA — **Q-time: 01:32:91**

PB (25m pool): 01:32.91 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:35.82 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.09		01:32.91	
		00:46.09		*00:46.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/11 Lane : 8 Athlete: TACK CATALEYA — **Q-time: 01:27:60**

PB (25m pool): 01:27.60 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:29.55 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.43		01:27.60	
		00:43.43		*00:44.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:9, starttime: 15:20

Heat: 9/11 Lane : 3 Athlete: HEYTENS JORIEN — **Q-time: 01:25:32**

PB (25m pool): 01:25.32 Brugge 04/10/2026 — **PB (50m pool):** 01:28.00 **SB:** 01:25.32 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.93		01:25.32	
		00:41.93		*00:43.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:3, starttime: 15:35

Heat: 3/7 Lane : 4 Athlete: RAMON SIEBE — **Q-time: 03:20:75**

PB (25m pool): 03:20.75 Meulebeke 24/10/2026 — **PB (50m pool):** 03:28.93 **SB:** 03:20.75 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:49.48		no time		no time		03:20.75
		00:49.48						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:4, starttime: 15:40

Heat: 4/7 Lane : 6 Athlete: LAGACIE THIBAUT — **Q-time: 03:18:68**

PB (25m pool): 03:18.68 Meulebeke 24/10/2026 — **PB (50m pool):** 03:26.36 **SB:** 03:18.68 Meulebeke 24/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:46.28		no time		no time		03:18.68
		00:46.28						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:5, starttime: 15:40

Heat: 5/7 Lane : 7 Athlete: GALLE ELIAS — **Q-time: 03:13:21**

PB (25m pool): 03:13.21 Brugge 04/10/2026 — **PB (50m pool):** 03:30.17 **SB:** 03:13.21 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:45.22		01:35.38		02:32.84		03:13.21
		00:45.22		*00:50.16*		*00:57.46*		*00:40.37*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TIME

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:1, starttime: 15:55

Heat: 1/9 Lane : 4 Athlete: BOURDEAUX ALISSA **Q-time: 00:44:79**

PB (25m pool): no time **PB (50m pool):** 00:44.79 **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:2, starttime: 15:55

Heat: 2/9 Lane : 2 Athlete: DEFEVER AUWKE **Q-time: 00:42:60**

PB (25m pool): 00:42.60 Brugge 04/10/2026 **PB (50m pool):** 00:45.60 **SB:** 00:42.60 Brugge 04/10/2026

	25 M	50 M	
PB		00:42.60	
	00:42.60		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:5, starttime: 16:00

Heat: 5/9 Lane : 7 Athlete: TUYTENS AGLAYA **Q-time: 00:38:14**

PB (25m pool): 00:38.14 Brugge 04/10/2026 **PB (50m pool):** 00:39.45 **SB:** 00:38.14 Brugge 04/10/2026

	25 M	50 M	
PB		00:38.14	
	00:38.14		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:7, starttime: 16:05

Heat: 7/9 Lane : 6 Athlete: BOLLAERT AMéLIE **Q-time: 00:35:95**

PB (25m pool): 00:35.95 Brugge 04/10/2026 **PB (50m pool):** 00:39.65 **SB:** 00:35.95 Brugge 04/10/2026

	25 M	50 M	
PB		00:35.95	
	00:35.95		
	. . : . . : . .	. . : . . : . .	

Coach feedback: